

Thyroflex

Patient Name: _____ Date: _____

Height _____ Weight _____ DOB _____

Thyroid Symptom Survey

INSTRUCTIONS: Grade your symptoms according to the following:

None	Mild	Moderate	Severe
0	1	2	3

HYPOTHYROID SYMPTOMS

1. Tired and Sluggish _____
2. Dry Hair and Skin _____
3. Pervasive Sleep _____
4. Weak Muscles _____
5. Cold Hands and Feet _____
6. Muscle Cramps _____
7. Poor Memory _____
8. Depressive Behavior _____
9. Slow thinking _____
10. Puffy Eyes _____
11. Difficulty with Math _____
12. Hoarse or Deep Voice _____
13. Constipation _____
14. Coarse hair _____
15. Puffy hands and feet _____
16. Unsteady Gait _____
17. Weight Gain _____
18. Outer third of eyebrows thin _____
19. Decreased Sex Drive _____
20. Fibrocystic Breast Disease (FBD) _____
- The next 2 questions apply to Menstruating Females Only*
21. Irregular Menses _____
22. Heavy Menses _____

Total Hypo

HYPERTHYROID SYMPTOMS

1. Tachycardia (fast pulse, heart racing). _____
2. Palpitations (skipping of pulse or heart) _____
3. Insomnia (can't sleep). _____
4. Shakiness (tremors). _____
5. Increased sweating _____
6. Brittle Nails. _____
7. Loss of appetite. _____
8. Fibrocystic Breast Disease (FBD) _____

Total Hyper

(Doctors Info)

Reflex Time (F-PF) _____ RMR _____

Thyroflex

Patient Results

- 1.) The first section of the Thyroflex test is your symptom survey. If you score an 8 or above in either the Hypothyroid or the Hyperthyroid section you should be test on Thyroflex. You score is below

Hypothyroid Symptom Score _____

Hyperthyroid Symptom Score _____

- 2.) The second part of the Thyroflex test is your reflex. The normal range for the reflex test is 0.051 to 0.136.

Your Score was _____

- 3.) The final part to the Thyroflex test is your Resting Metabolic Rate. The normal number for RMR is 2250 for Women and 2750 for men (your score may vary up to 250 based on weight and age).

Your Score was _____

Dear Patient,

You were just tested with a new cutting edge, non-invasive testing device called Thyroflex. Thyroflex has helped thousands of patients improve their lives through its speed and accuracy. If you have any family or friends that suffer from any of the symptoms listed during our test please let them know that Dr. _____ office has this new technology. If they live out of the area they could check the Doctor directory (thyroidhealthcanada.com) to see who in their area has a Thyroflex device. By having the correct balance with your Thyroid you will Live Longer, Feel Better, and Be More Productive.

Sincerely,
